

How Do I Study Anyway?

1. Try not to study too much at one time
2. Plan specific times for studying
3. Try to study at the same time each day.
4. Start studying when you say you are going to.
5. Review your notes before beginning an assignment.
6. Set specific goals for your study time.
7. Call another peer if you are having difficulty.
8. Review your schoolwork over the weekend for 20 minutes.
9. Make sure your place of study is free from distractions, interruptions and always available to you.
10. Make sure your study place has enough light and a large enough desk or table to do work.
11. Make sure you have all of your materials.
12. Try to prepare a daily organizer; weekly schedule; and a term calendar.
Each has its own benefits when it comes to other classes as well as outside school activities/sports.
13. Take breaks when studying.
14. Even if you do not like a specific subject, start to develop an interest in what you have to study.
15. Study with friends/peers.
16. Try to make some goals for the study session.