



REGION 15 FOOD SERVICES

Meghan Sullivan, RD, CD-N
Director of Food and Nutrition Services
Meghan.Sullivan@region15.org
(203)758-8259 x138
www.Region15.org/FoodServices

Dear Region 15 Family,

We hope you have had a safe and healthy summer! We are excited to welcome our students back into our cafeterias!

2020-21 School Year:

Region 15 receives guidance from the CT State Dept of Education and local health departments. Our district has made modifications in all our cafeterias for the new school year which include:

- All meal components, including main entrees, fruits and vegetables, will be individually wrapped or in a single use container with a lid.
- Silverware packaged individually for each student.
- Spot markers on the floors in all serving lines to provide proper social and physical distancing.
- All students will be issued a School Lunch ID Card or ID label with a barcode that will be scanned at the cashier checkout to avoid students touching PIN pads.
- Sanitation continues to be our top priority.

School Lunch Information:

- Lunch is available everyday our schools are open for all students in PreSchool through 12th Grade.
- Menus can be easily accessed online at [Region 15 Lunch Menus](http://www.Region15.org/FoodServices) (www.Region15.org/FoodServices)
- Lunch includes 5 items - students are required to take at least 3 of the items, including one fruit or vegetable. A complete meal includes: Milk (skim, 1% white, nonfat flavored), Fruit, Vegetable, Grains (whole grains), and Protein (including yogurt, string cheese, and hummus).
- Choices! Students have daily choices that include: a hot or cold entree, sandwich, selection of low fat/fat free milk, fresh fruits and vegetables. Locally grown and seasonal produce will be offered whenever possible.
- School Lunch prices will remain the same as last year.
- Please note that due to COVID-19, options will be limited and menus are subject to change based on supply chain shortages.

First Week of School Lunch Schedule, Sept 1st to Sept 4th:

- Elementary Schools: Lunch is available for purchase Tuesday, September 1st through Friday, September 4th.
- Middle Schools: Lunch is available for purchase Thursday, September 3rd AND Friday, September 4th only.
- High School: Lunch is available for purchase Wednesday, September 2nd AND Friday, September 4th only.

Beginning Tuesday, September 8th:

High School and Middle School students will resume their normal lunch schedule. Reminder that on Planned Early Dismissal days, lunch is not served at the middle schools or high school.

Remote Learning Meals:

“Curbside Meals” are available for our students who are Remote Distance Learners!

- Meals may be picked up once a week on Wednesdays at Long Meadow Elementary School between 11:45-12:45.
- Parents and guardians can pick up meals for their students. Children do not need to be present but must be enrolled in Region 15 Schools.
- Pre-registration for meals is **REQUIRED** by Monday of each week.

[Region 15 Remote Learner Lunch Registration Form](#)

- Cost for Curbside Meals is:
 - Free eligible students: No Charge
 - Reduced eligible students: \$2.00 for 5 lunches - (\$0.40 per day)
 - Grades PK-5: \$13.75 for 5 lunches - (\$2.75 per day)
 - Grades 6-12: \$14.50 for 5 lunches - (\$2.90 per day)

All Curbside Meals will be charged to your student’s lunch account.

Free and Reduced Lunch & Medicaid Information:

- [Free and Reduced Lunch Applications](#) are available [online](#) as well our school offices or cafeterias. **If you have any further questions regarding Free and Reduced meals please click on: [FAQ Free & Reduced 2020-2021](#)**
- Students that have current free or reduced eligibility from last school year will be effective until 30 school days after the beginning of the school year. A new application to determine your families eligibility is due by [Thursday, October 15, 2020](#). Any student who is eligible through the State of CT Dept. of Social Services, please note no paper application is required.
- If you have any questions about your student’s eligibility for Free and Reduced Lunch please contact the Food Service Department at (203) 758-8259 ext 138.
- The State of Connecticut offers low cost or free insurance coverage for your children. Please review this information from their website for further details: [Does Your Family Need Health Insurance?](#)

Lunch Payment Options:

- Due to the Covid-19 pandemic and safety for your child and Food Service Staff, Region 15 Food Services will only accept checks or online payments.
- For your convenience, an easy online payment system is offered to fund and view your student's meal account at [Myschoolbucks](#)
- Elementary School students: Please place all check(s) in a sealed envelope clearly marked with the student's name. Teachers will collect these envelopes in the classroom and send them to the cafeteria staff daily. (Checks should be made payable to the Region 15 Food Service Program)
- Middle School and High School students can give check(s) directly to the cafeteria staff. (Checks should be made payable to the Region 15 Food Service Program)

Thank you for supporting Region 15 Food Services!

Meghan Sullivan, RD, CD-N
Director of Food and Nutrition Services
Meghan.Sullivan@region15.org
(203)758-8259 ext 138

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.