

LUNCH MENU
Long Meadow Elem.
Lunch Price - \$2.30

Milk Price - \$.50

Dec-07

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Offered Mon thru Thurs.</p> <p>2 Chicken Wrap</p> <p>3 Chef Salad Platter</p> <p>4 Cereal & Yogurt Plate</p> <p>5 Bagel & Yogurt Plate</p>	<p>[3]</p> <p>1 BBQ Rib on a roll</p> <p>Oven Roasted Potato Wedges</p> <p>Mixed Veggies</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[4]</p> <p>1 Baked Chicken Nuggets with WW R</p> <p>Mashed Potatoes</p> <p>Peas</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[5]</p> <p>1 Taco Salad Platter</p> <p>Fluffy Rice</p> <p>Corn</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[6]</p> <p>1 Brunch for Lunch French Toast</p> <p>Sausage & Hash Brown Potatoes</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[7]</p> <p>1 Pizza</p> <p>Garden Salad</p> <p>Fresh Veg Sticks or Garden Salad</p> <p>100% Fruit Juice</p> <p>Fresh or Canned Fruit</p> <p>Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Tuna Salad on a roll</p> <p>3 Chef Salad Platter</p> <p>4 Cereal & Yogurt Plate</p> <p>5 Bagel & Yogurt Plate</p>	<p>[10]</p> <p>1 Chicken Club Sand, L,T & Bacon</p> <p>Potato Puffs</p> <p>Broccoli Cuts</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[11]</p> <p>1 Pasta & Marinara or Meat Sauce</p> <p>Tossed Salad</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[12]</p> <p>1 Grilled Chicken Nuggets</p> <p>Mashed Potatoes</p> <p>Ital. Blend</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[13]</p> <p>1 Meatball Grinders</p> <p>Oven Fries</p> <p>Corn</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[14]</p> <p>1 Pizza</p> <p>Garden Salad</p> <p>Fresh Veg Sticks or Garden Salad</p> <p>100% Fruit Juice</p> <p>Fresh or Canned Fruit</p> <p>Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Turkey & Cheese on a roll</p> <p>3 Chef Salad Platter</p> <p>4 Cereal & Yogurt Plate</p> <p>5 Bagel & Yogurt Plate</p>	<p>[17]</p> <p>1 Calzone with Sauce</p> <p>Garden Salad</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[18]</p> <p>1 Bacon Egg & Cheese on a English</p> <p>Hash Brown Potatoes</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[19]</p> <p>Turkey Feast</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[20]</p> <p>1 Baked Chicken Patty on a bun</p> <p>Oven Fries</p> <p>Green Bans</p> <p>or a choice of #2,3,4,or 5</p> <p>all above meals served with a choice of:</p> <p>Fresh Veg Sticks</p> <p>Fresh or Canned Fruit or 100% Jice</p> <p>Assorted Milk</p>	<p>[21]</p> <p>1 Pizza</p> <p>Garden Salad</p> <p>Fresh Veg Sticks or Garden Salad</p> <p>100% Fruit Juice</p> <p>Fresh or Canned Fruit</p> <p>Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Combo Grinder</p> <p>3 Chef Salad Platter</p> <p>4 Cereal & Yogurt Plate</p> <p>5 Bagel & Yogurt Plate</p>	<p>[24]</p> <p>No School Winter Recess</p>	<p>[25]</p> <p>No School Winter Recess</p>	<p>[26]</p> <p>No School Winter Recess</p>	<p>[27]</p> <p>No School Winter Recess</p>	<p>[28]</p> <p>No School Winter Recess</p>
<p>Offered Mon thru Thurs.</p> <p>2 Ham & Cheese on a roll.</p> <p>3 Chef Salad Platter</p> <p>4 Cereal & Yogurt Plate</p> <p>5 Bagel & Yogurt Plate</p> <p>MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.</p>	<p>[31]</p> <p>No School Winter Recess</p>				