

LUNCH MENU
Long Meadow Elem.
Lunch Price - \$2.30

Milk Price - \$.50

Nov-07

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Offered Mon thru Thurs.</p> <p>2 Ham & Cheese on a roll.</p> <p>3 Chef Salad Platter</p> <p>4 Salad Platter w/Cheese Only</p> <p>5 Cereal & Yogurt Plate</p> <p>6 Bagel & Yogurt Plate</p>				<p>[1]</p> <p>1 Toasted Cheese Oven Fries Mixed Veggies or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[2]</p> <p>1 Pizza Garden Salad</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Tuna Salad on a roll</p> <p>3 Chef Salad Platter</p> <p>4 Salad Platter w/Cheese Only</p> <p>5 Cereal & Yogurt Plate</p> <p>6 Bagel & Yogurt Plate</p>	<p>[5]</p> <p>1 Mozzarella Sticks with Sauce Tossed Salad or or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[6]</p> <p>1 Unbreaded Chicken Patty on a bun Mashed Potatoes Green Beans or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[7]</p> <p>1 Pasta & Sauce Garden Salad or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[8]</p> <p>1 Turkey Feast with all the trimmings or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[9]</p> <p>1 Pizza Garden Salad</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Turkey & Cheese on a roll</p> <p>3 Chef Salad Platter</p> <p>4 Salad Platter w/Cheese Only</p> <p>5 Cereal & Yogurt Plate</p> <p>6 Bagel & Yogurt Plate</p>	<p>[12]</p> <p>No School Veteran's Day</p>	<p>[13]</p> <p>1 Grilled Chicken Nuggets Mashed Potatoes Peas or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[14]</p> <p>1 Pizza Slice Tossed Salad or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[15]</p> <p>1 BBQ Rib on a bun Baked Potato Wedges Broccoli Cuts or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[16]</p> <p>1 Pizza Garden Salad</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>
<p>Offered Mon thru Thurs.</p> <p>2 Combo Grinder</p> <p>3 Chef Salad Platter</p> <p>4 Salad Platter w/Cheese Only</p> <p>5 Cereal & Yogurt Plate</p> <p>6 Bagel & Yogurt Plate</p>	<p>[19]</p> <p>1 Baked Chicken Tenders with WW ro Noodles Calif. Blend or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[20]</p> <p>1 Pizza Dippers with Sauce Tossed Salad or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[21]</p> <p>1 Twin Tacos Rice Corn or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[22]</p> <p>No School Thanksgiving Recess</p>	<p>[23]</p> <p>No School Thanksgiving Recess</p>
<p>Offered Mon thru Thurs.</p> <p>2 Ham & Cheese on a roll.</p> <p>3 Chef Salad Platter</p> <p>4 Chef Salad Platter</p> <p>5 Cereal & Yogurt Plate</p> <p>6 Bagel & Yogurt Plate</p> <p>MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.</p>	<p>[26]</p> <p>1 Foot Long Hot Dog on a bun Oven Fries or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[27]</p> <p>1 Baked Popcorn Chicken Mashed Potatoes Corn or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[28]</p> <p>1 Hamb or Chburger on a bun Oven Fries Green Beans or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[29]</p> <p>1 Toasted Cheese Sand with Oven Roasted Potatoes Calif. Blend or a choice of #2,3,4,or 5 all above meals served with a choice of:</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>	<p>[30]</p> <p>1 Pizza Garden Salad</p> <p>Fresh Veg Sticks Fresh or Canned Fruit or 100% Jice Assorted Milk</p>